

We are so excited your child will be joining us for camp this summer! This document will provide you with some important reminders and general information about your chosen camp program, however if you have any further questions please don't hesitate to contact us at [camp@teenranch.com](mailto:camp@teenranch.com) or by calling (519) 941-4501.

## What to Bring

- Sleeping bag
- Pillow
- Toiletries
  - Shampoo
  - Soap
  - Brush/comb
  - Toothbrush & toothpaste
- Towels
- Swimwear
- Sunscreen & insect repellent
- Boots or shoe with a heel & long pants (for Horseback Riding)
- Ice Skates (for Recreational Skate)
- Clothing for the entire week including:
  - Wet weather
  - Warm weather
  - Cool weather
  - Old clothes that can get messy/muddy
- Running shoes
- Theme costume for dress up dinner (see website for weekly theme details)

## Program Specific Items

- Full hockey equipment
- T-shirt and shorts for dryland training

## Optional Items

- Camera (cannot be a phone etc.)
- Flashlight
- Dark clothing/camouflage (for Night Games)
- Plastic/Vinyl Ground Sheet (for Camp Out)

## What NOT to Bring

- Electronic devices (including cell phones, tablets, handheld gaming systems etc.)
- Valuable Items

Please make sure that your child is aware of these restrictions. If any of the above are seen, they will be confiscated. All confiscated items will be available for pick up at sign out on Saturday.

## **Arrival & Departure**

### Sunday Arrival:

- 4:00pm – 5:00pm - Registration check-in takes place in the Ice Corral lobby
- 4:00pm – 5:30pm - BBQ dinner is served for parents and campers
- 5:30pm Official Welcome to Camp

### Saturday Departure:

- 9:00am – 11:00am - Sign out takes place in the Plough Inn lobby
- 9:15am – Grand Entry at the Rodeo Ring followed by End of Camp Showcase

## **Mandatory Sign Out**

Please come to our Plough Inn lobby for camper sign out. Here you can collect medications, lost & found and any remaining Snack Bar money from your child's account. Government issued photo identification that matches the Authorized Pickup Person declared during registration must be presented at sign-out in accordance with Teen Ranch's Plan to Protect policy.

## **Snack Bar**

Campers will have the opportunity to visit the Snack Bar (tuck shop) each day. The Snack Bar sells a variety of treats including ice cream, chocolate bars, candy, drinks and chips. If you have not added money to your child's Snack Bar account you can do so during sign-in or call the Teen Ranch office.

Refunds will only be issued upon sign-out. Any refunds not collected at sign-out will be donated to Teen Ranch Camp Sponsorship.

## **Lost & Found**

Please name all of your child's clothing and belongings. Lost and Found is only kept for 30 days and may be claimed by contacting the Teen Ranch office. We highly recommend that you do not pack expensive or valuable items for camp. Teen Ranch assumes no responsibility for wear and tear, damage to, or loss of camper's clothing, equipment or belongings for any reason.

## **Safety**

### Staff Ratio

We are proud to provide the following camper-to-staff ratios:

Children aged 5 to 7 – 10:1

Children aged 8 to 18 – 12:1

### Water Safety

All campers will be required to pass a swim test prior to swimming in the pond without a life jacket. All waterfront activities are supervised by certified lifeguard staff in accordance with Teen Ranch's Waterfront Safety Policy.

## **Weather**

We ask that you send your child with weather appropriate clothing as they will be outdoors regardless of rain. Our facilities include a number of indoor spaces which are available for use during extreme weather.

## **Medical Policy**

In case of an emergency, injury or sickness that demands medical attention or hinders a camper's ability to participate in the program, the parent/guardian will be notified. Refunds for early departures due to sickness will be granted only on receiving a note from your family physician stating the necessity to do so.

Any medication, allergies, emotional, mental and behavioural needs a camper may have must be disclosed when the camper is registered for camp. All medications are to be handed to the Health Care Attendant upon arrival.

## **Food Allergy Policy**

Our desire is to create a safe environment for young people; however we are not a peanut free facility. Please ensure that your child can self-manage their condition at camp. Please remember that the **Snack Bar is not a peanut free environment.**

## **Special Needs**

If your child has special needs that may require additional assistance or affect their participation in the camp program, please email [camp@teenranch.com](mailto:camp@teenranch.com) or call the Teen Ranch office on (519) 941-4501 to discuss your particular situation.

## **Social Media**

Follow us on social media to keep up to date and view photos of day campers throughout the week. To find us search for @teenranchcanada on Facebook or Instagram.

## **Mail & Email**

Mail or emails may be sent to campers during their stay. Emails are to be sent to [camp@teenranch.com](mailto:camp@teenranch.com) by family members only. Emails from friends will not be passed along to campers.

## Typical Day

Below is a brief outline of what a daily schedule may look like for camp. Please note that these are not set in stone and are subject to change if necessary due to weather, scheduling or other interruptions.

8:00am	Breakfast
9:00am	On-ice Lesson – Skills & Drills
10:30am	Snack Bar
11:00am	Dryland Training
12:30pm	Lunch
1:30pm	Afternoon Cabin Devotions
2:00pm	Afternoon Scrimmage
3:45pm	<u>Free Time</u> Free Time activities include swimming, boating pond, trail rides, trampolines, craft cabin, basketball, volleyball, soccer, games room and more!
5:30pm	Dinner
6:30pm	Camp-wide Game
7:30pm	Snack Bar
8:30pm	Campfire
9:30pm	Evening Cabin Devotions