

Welcome to the Teen Ranch Intensive Equestrian Program! We hope you are ready for the best time of your life! Please read the following details about what to bring, arrival and departure day! – Corrie Ensom, Intensive Instructor

What to Bring

- Sleeping bag
- Pillow
- Toiletries
 - Shampoo
 - Soap
 - Brush/comb
 - Toothbrush & toothpaste
- Towels
- Swimwear
- Sunscreen & insect repellent
- Boots or shoe with a heel & long pants (for Horseback Riding)
- Ice Skates (for Recreational Skate)
- Clothing for the entire week including:
 - Wet weather
 - Warm weather
 - Cool weather
 - Old clothes that can get messy/muddy
- Running shoes
- Theme costume for dress up dinner (see website for weekly theme details)

Program Specific Items

- Nice outfit for Photo Shoot

Show Apparel:

- Show shirt
 - Show jacket (Black or Navy preferred)
 - Approved helmet – should be able to fit hair up in helmet
 - Show gloves
 - Show saddle pad if you have one
 - Show breeches (khaki or beige preferred)
 - Field boots
 - OR
 - Show jodhpurs with straps & elastics & short paddock boots
- If you have short paddock boots, you MUST have jodhpurs with straps and elastics. These are appropriate for younger or smaller riders.**

Schooling Apparel:

Required:

- Riding boots
- Jeans/breeches
- Proper fitting approved helmet

Optional:

- Chaps
- Gloves
- Water bottle
- Show pad
- Spurs
- Bat

Optional Items

- Camera (cannot be a phone etc.)
- Flashlight
- Dark clothing/camouflage (for Night Games)
- Plastic/Vinyl Ground Sheet (for Camp Out)

What NOT to Bring

- Electronic devices (including cell phones, tablets, handheld gaming systems etc.)
- Valuable Items

Please make sure that your child is aware of these restrictions. If any of the above are seen, they will be confiscated. All confiscated items will be available for pick up at sign out on Saturday.

Arrival & Departure

Sunday Arrival:

- 4:00pm – 5:00pm - Registration check-in takes place in the Ice Corral lobby
- 4:00pm – 5:30pm - BBQ dinner is served for parents and campers
- 5:30pm Official Welcome to Camp

Sunday Departure:

Campers will be staying over until Sunday for the horse show. All Intensive campers (some exceptions) will be showing at 9am on the Sunday following your week of camp. You are welcome to leave after you have returned your horse and equipment to the barn, cleaned up and said goodbye to Corrie (your coach) of course!

Mandatory Sign Out

Please come to our Plough Inn lobby for camper sign out. Here you can collect medications, lost & found and any remaining Snack Bar money from your child's account. Government issued photo identification that matches the Authorized Pickup Person declared during registration must be presented at sign-out in accordance with Teen Ranch's Plan to Protect policy.

Snack Bar

Campers will have the opportunity to visit the Snack Bar (tuck shop) each day. The Snack Bar sells a variety of treats including ice cream, chocolate bars, candy, drinks and chips. If you have not added money to your child's Snack Bar account you can do so during sign-in or call the Teen Ranch office.

Refunds will only be issued upon sign-out. Any refunds not collected at sign-out will be donated to Teen Ranch Camp Sponsorship.

Lost & Found

Please name all of your child's clothing and belongings. Lost and Found is only kept for 30 days and may be claimed by contacting the Teen Ranch office. We highly recommend that you do not pack expensive or valuable items for camp. Teen Ranch assumes no responsibility for wear and tear, damage to, or loss of camper's clothing, equipment or belongings for any reason.

Safety

Staff Ratio

We are proud to provide the following camper-to-staff ratios:

Children aged 5 to 7 – 10:1

Children aged 8 to 18 – 12:1

Water Safety

All campers will be required to pass a swim test prior to swimming in the pond without a life jacket. All waterfront activities are supervised by certified lifeguard staff in accordance with Teen Ranch's Waterfront Safety Policy.

Weather

We ask that you send your child with weather appropriate clothing as they will be outdoors regardless of rain. Our facilities include a number of indoor spaces which are available for use during extreme weather.

Medical Policy

In case of an emergency, injury or sickness that demands medical attention or hinders a camper's ability to participate in the program, the parent/guardian will be notified.

Refunds for early departures due to sickness will be granted only on receiving a note from your family physician stating the necessity to do so.

Any medication, allergies, emotional, mental and behavioural needs a camper may have must be disclosed when the camper is registered for camp. All medications are to be handed to the Health Care Attendant upon arrival.

Food Allergy Policy

Our desire is to create a safe environment for young people; however we are not a peanut free facility. Please ensure that your child can self-manage their condition at camp. Please remember that the **Snack Bar is not a peanut free environment.**

Special Needs

If your child has special needs that may require additional assistance or affect their participation in the camp program, please email camp@teenranch.com or call the Teen Ranch office on (519) 941-4501 to discuss your particular situation.

Social Media

Follow us on social media to keep up to date and view photos of day campers throughout the week. To find us search for @teenranchcanada on Facebook or Instagram.

Mail & Email

Mail or emails may be sent to campers during their stay. Emails are to be sent to camp@teenranch.com by family members only. Emails from friends will not be passed along to campers.

Typical Day

Below is a brief outline of what a daily schedule may look like for camp. Please note that these are not set in stone and are subject to change if necessary due to weather, scheduling or other interruptions.

8:00am	Breakfast
9:00am	Program Session – Riding Lesson
10:30am	Snack Bar
11:00am	Program Session – Riding Lesson
12:30pm	Lunch
1:30pm	<p>Horse Education Activities vary but have included:</p> <ul style="list-style-type: none"> • Learning to braid • Clipping and show grooming • Bandaging • Scavenger hunt on horseback • Vaulting (gymnastics on horseback) • Photo shoot • Offsite adventures <p>Past years have included:</p> <ul style="list-style-type: none"> - Polo instruction - Tour of Woodbine Racetrack - Practise judging at a circuit show
3:00pm	Afternoon Cabin Devotions
3:45pm	<p><u>Free Time</u> Free Time activities include swimming, boating pond, trail rides, trampolines, craft cabin, basketball, volleyball, soccer, games room and more!</p>
5:30pm	Dinner
6:30pm	Camp-wide Game
7:30pm	Snack Bar
8:30pm	Campfire
9:30pm	Evening Cabin Devotions